

ASPIRE Program Opt-Out

Dear Parent/Guardian,

We are pleased to inform you about an educational opportunity for your child provided by The University of Texas MD Anderson Cancer Center.

ASPIRE (A Smoking Prevention InteRactive Experience) is a free, online educational program designed to deliver tobacco and e-cigarette prevention education to adolescents at a self-directed pace. The program features interactive modules, quizzes, and testimonials from people who have quit using tobacco, health care professionals, students, and cancer survivors about the dangers of tobacco products, including e-cigarettes. The curriculum was created to align with National Education Standards and Texas Essential Knowledge and Skills (TEKS) in health, science, and technology. The program is available in English and Spanish.

Some highlights of the ASPIRE program include:

- Free/no cost to schools, students or educators
- Takes approximately 3 hours to complete (self-paced)
- Accessible on computers, laptops, tablets, and/or mobile devices
- Available in English/Spanish

Students can stop the program at any module and log in and out without losing any progress. Evaluation and knowledge checks are conducted throughout the program; upon starting, completing each module, and finishing the entire program. Once students successfully complete the fifth module, they will be prompted to print a certificate of completion. The administrative site of the ASPIRE program online allows teachers and administrators to prepare reports to download students' grades. These reports include grades for the pre/post knowledge assessment and grades for each of the five educational modules.

We have schools and organizations using ASPIRE in a variety of ways across the U.S.:

- health, science, and technology classes (curriculum infusion)
- supplementary material to curriculum in class
- final exam grade
- stand-alone test grade
- homework
- extra credit

As a parent/guardian, if you have questions, reservations or concerns about the ASPIRE program content or participation in this program, please email us at ASPIRE@MDAnderson.org.

If you do not wish for your child to participate in the ASPIRE program, please complete the information below and return this form to _____ by _____.

Student Name: _____ **Grade:** _____ **Teacher Name:** _____

Parent/Guardian Name: _____ **Parent/Guardian Signature:** _____

Date: _____