

Radiation Oncology Support Group

For patients and caregivers in **active or post**
radiation or proton treatment

Join us for **weekly** group discussions to
share, connect and learn

- Process your experience
- Hear from others facing similar challenges
- Learn coping skills



Every Wednesday
on Zoom



2 to 3 p.m.

Questions or to RSVP? Contact **Helen Wu, LMSW**

Social Work Counselor

713-563-2422 | HWwu@mdanderson.org

Department of Social Work
713-792-6195
mdanderson.org/socialwork

THE UNIVERSITY OF TEXAS
MD Anderson
Cancer Center
Making Cancer History®



Topic Schedule

January

Managing Uncertainty

February

Stress Management

March

Coping with Appetite Changes

Clinical Dietitian guest speaker, [Mar. 13](#)

April

Ways to Manage Pain

Integrative Medicine doctor guest speaker, [Apr. 17](#)

May

Dealing with Fatigue

Internal Medicine doctor guest speaker, [May 17](#)

June

Communication with Health Care Team

July

Talking with Others About Your Diagnosis and Treatment

August

Recognizing Emotional Effects

September

Depression VS. Common Radiation Side Effects

October

Mindfulness for Mood Management

November

Coping with Cancer During the Holidays

December

Body Image and Cancer