



Project TEACH ECHO Clinics
2024-2025 Schedule and Curriculum Topics
Tuesdays 12pm – 1pm

Schedule is subject to change depending on speaker availability

Date	Topic	Presenter
September 10, 2024	Motivational Interviewing Part 1 & 2- Overview	Chinyere Y. Eigege, PhD, LCSW-S, NCTTP
September 24, 2024	Cultural Competence	Diane Beneventi, PhD
October 8, 2024	Relapse Prevention for Tobacco Cessation	Melissa Macomber, MA, LPC
October 29, 2024	Mindfulness-based approach for Tobacco Cessation	Elham Babaie, MA, LPC-S, NCTTP
November 5, 2024	Impact of Smoking Cessation on Other Medications	Aleah Waxali, PA
November 19, 2024	Behavioral Strategies in Tobacco Treatment: Stages of Change	Nancy Huang, MA, LPC
December 3, 2024	Overview of First Line Smoking Cessation Medications	Aleah Waxali, PA
December 10, 2024	Motivational Interviewing Part 3 & 4: Open-Ended Questions & Affirmations	Chinyere Y. Eigege, PhD, LCSW-S, NCTTP
January 7, 2025	Vaping Nicotine and THC: Navigating Risks and Policy in a Changing Landscape	Lindy McGee, M.D.
January 28, 2025	Managing Anxiety Associated with Withdrawal	Diane Beneventi, PhD
February 4, 2025	Coping Strategies for Tobacco Cessation (Part 1)	Melissa Macomber, MA, LPC
February 18, 2025	Coping Strategies for Tobacco Cessation (Part 2)	Melissa Macomber, MA, LPC
March 4, 2025	Scheduled Smoking Reduction	Diane Beneventi, PhD
March 18, 2025	Neurobiology of Nicotine Dependence	Maher Karam-Hage, MD
April 15, 2025	Tobacco Cessation and Substance Use	Maggie Britton, PhD
May 6, 2025	First Line Smoking Cessation Medications: Recognizing and Managing Side Effects	Aleah Waxali, PA
May 20, 2025	Motivational Interviewing Part 5 &6: Reflections, Values & Summaries	Chinyere Y. Eigege, PhD, LCSW-S, NCTTP



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June 3, 2025	Behavioral Strategies in Tobacco Treatment: Identifying Triggers	Nancy Huang, MA, LPC
June 17, 2025	Motivational Interviewing Part 7: Four OARS & Part 8: Change Talk/Sustain Talk	Chinyere Y. Eigege, PhD, LCSW-S, NCTTP
July 1, 2025	Nicotine Replacement in Surgical Patients	Maher Karam-Hage, MD
July 15, 2025	Acceptance and Commitment Therapy	Larissa Farah, MA, LPC, TTS
August 5, 2025	Behavioral Activation Therapy	Jennifer Minnix, PhD
August 19, 2025	ACEs and Trauma-Informed Care- TBD	TBD