



Brain Tumor Support Group

Join Brain tumor Education and Support Together (BEST) for panel and group discussions on clinical trials, side effects and fatigue, and more.

**Second Wednesday of the month via Zoom
Noon - 1:30 p.m.**

To sign up, contact Ari Murphey at ADMurphey@MDAnderson.org or share your email with the clinic's front desk staff.

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MDAnderson
~~Cancer Center~~
Making Cancer History®

**Scan the
QR code for
a full list of
support groups.**





2025 BEST Schedule

January 8

Understanding Your Pathology Report

February 12

Staying Connected: Leveraging the Benefits of One's Social Network

March 12

Advance Care Planning and Disability Benefits

April 9

Side Effects and Fatigue

May 14

Brain Tumor Awareness Month
Expert Panel: Primary Brain Tumors

June 11

Supplements, Complementary, and Alternative Medicine

July 9

Demoralization and Exploration of Meaning in Our Life

August 13

Adjusting to the New Normal

September 10

Cognitive Changes

October 8

Expert Panel: Primary Brain Tumors

November 12

Debunking Diet Myths

December 10

Clinical Trials